



HEALTH AND SAFETY

HEALTH AND SAFETY POLICY STATEMENT:

“SUP New Forest is strongly committed to encouraging our members to take part, but the health, well-being and safety of each individual is always our paramount concern. We recommend levels of activity dependent on age and ability, and expect our members to participate within these boundaries.”

HEALTH AND SAFETY POLICY:

To support our Health and Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of all activities undertaken by the club.
- Create a safe environment by putting health and safety measures in place as identified by the assessment.
- Ensure that all members are given the appropriate level of training and competition by assessing the level and requirements of the paddle activities and informing members of the requirements of club paddles.
- Ensure that all members are aware of, understand and follow the club’s health and safety policy.
- Appoint a competent club member (paddle coordinators) to assist with health and safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by members.
- Provide access to adequate first aid facilities, telephone and qualified first aider on all activities.
- Report any injuries or accidents sustained during any club activity.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

- **AS A CLUB MEMBER YOU HAVE A DUTY TO:**
 - Take responsibility for your own health and safety and that of others who may be affected by what you do or not do.
 - Co-operate with the club on health and safety issues.
 - Correctly use all equipment .while on club activities.
 - Not interfere with or misuse anything provided for your health, safety or welfare.

CLUB HEALTH AND SAFETY OFFICER:

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FIRST AID: Location of first aid facilities: Held by paddle leads on club paddles

Location of telephones: Held by paddle leads

QUALIFIED FIRST AIDERS:

- 1. Emma Humberstone**
- 2. David James**
- 3. Jan Banasik**
- 4. Sean Scott**
- 5. Claire Scott**
- 6. Roy Nicholls**
- 7. Ben Humberstone**